

Programme and useful information for participants of the FOSTREN Spring Meeting 5th of April 2022

04.04. - 06.04.2022 in Reggio Emilia, Italy



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Welcome

Dear participant of the FOSTREN Spring Meeting

We are looking forward to welcome you in Reggio Emilia.

This document contains important information for the preparation of and during your stay in Italy and should provide you with a quick overview.

Please let us know if there is anything we can do to make your stay more comfortable.

Sincerely

Gian Maria Galeazzi

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Getting to Reggio Emilia

Flights and public transport to Reggio Emilia

Reggio Emilia can be reached easily

By car:

Take the A1 motorway (Milan-Naples) which connects many cities in Italy and Emilia Romagna. Exit at Reggio Emilia, km 129. From that, there is a 7-10 min drive to the city centre.

By flight:

The main airports serving Reggio Emilia are the PMF in Parma (40 km) the closest but with very few flights, BLQ Marconi in Bologna (50 km) with many options from all over Europe, and Malpensa in Milan (170 km) with even more options. From there, Reggio Emilia can be reached by either car, train or bus. The most practical way it is probably flying to Bologna BLQ airport which is now connected to the train station by a very fast monorail train every 15 minutes with travel time 7 minutes

<https://www.marconiexpress.it/en/>

From Bologna train station plenty of options to Reggio Emilia

<https://www.trenitalia.com/en.html>

(just fill in FROM Bologna Centrale TO Reggio Emilia)

By train (from Airport)

The railway main network connects Reggio Emilia with most of the main cities of Northern and Middle Italy, directly. The train station is located near to the city centre, a few minutes walk by foot or a fast ride via taxi/bus. EG: Parma- Reggio Emilia: a direct train every 15', average price 3€, travel duration 15-20 mins; Bologna- Reggio Emilia: direct train every 30', average price 6€, travel length 40-50 min; Milano- Reggio Emilia: direct train or with 1 exchange every 30-45 mins, average price 13-20€, travel length 2h.

Another train option: high-speed trainline (AV) connecting

Milan/Bologna/Rome/Naples/Turin/Florence to Reggio Emilia through the Mediopadana Station. The two train companies operating the AV station are Trenitalia and Italo. Average travel time: Milan- Reggio 45', 34€; Bologna- Reggio 20', 20€.

<https://www.trenitalia.com/en.html>

just fill in FROM Bologna Centrale /Milano Centrale TO Reggio Emilia AV (AV is for alta velocità, fast trains)

Please be advised that Reggio Emilia AV also called Mediopadana Station is approximately 5 kms from the city centre, a short taxi ride, also connected with public transport.

Tickets can be purchased online prior to departure or upon arrival at the ticket machine at the respective train or bus stations. If purchased online, it is advisable to carry a printed off copy of the ticket with you when travelling.

Public transport in Reggio Emilia

The urban bus service consists of 14 lines, which connect the peripheral parts of the town and/or the municipal territory with the city center, and 3 minibus lines that connect the main exchange parking lots, the Arcispedale S.Maria Nuova and the Mapei stadium with the city center.

Tickets can be bought in stores/newsstands/train or bus station or directly on the bus.

Accommodation in Reggio Emilia

We suggest that you book an hotel in the City Centre, which definitely has an historical Italian feel. The venue of the meeting will take place in the city centre. Please check that the price of the room applied falls within the reimbursable Fostren rate

Mercure Hotel, Viale Nobili 2, +390522435245

City Centre. Located in the city central park, 2 mins walk to the center, near the main theatre "Teatro Valli". Room price around 100 € per night

Albergo delle Notarie, Via Palazzolo 5, +390522453500

City Centre. In the very center of the city, close to the central square and the Duomo, 1.5 kms from the train station. Room price around 100 € per night

Hotel Posta, Piazza del Monte 2, +390522432944

City Centre. Very central, historic palace. Room price around 110 € per night

Albergo Reggio, Via San Giuseppe 7, +390522451533

City Centre. In the heart of the city, 20 mts from the central square, 1.5 kms from the train station. Room price around 75€ per night

Holiday Inn Hotel, Via Meuccio Ruini 7. +390522507122

2.5 km from the motorway exit, 10 mins to the city center. Room price around 75 € per night

Airone Hotel, Via dell'Aeronautica 20, +390522924111

10 mins from the motorway exit and 10 mins to the city center. Room price around 75 € per night

Every hotel room can be reserved via phone call, direct web page reservation or [Booking.com](https://www.booking.com)/[Tripadvisor.com](https://www.tripadvisor.com)

Meeting 5. April

Agenda

Time	Topic	Responsible
link to access the Plenary session		
9.00	Welcome and Introduction	Gian Maria Galeazzi Richard Whittington Joy Duxbury and Sabine Hahn
Program WG3		
link to access the WG3 meeting		
9.30	What do we know from literature about support after coercive measures? What do we not know? Presentation of the results of Sub Group (SG) 1 of Work Group (WG)3	Lene Lauge Berring and members of the SG 1
10.15 Coffe Brake		
10.30	Discussion, what we know and what we don't; wath we do and what we don't – research and practice challenges, Sub Group 3	Sabine Hahn and Kevin McKenna
11.15	Process of recovery after coercive measures: How we describe it, how we name it?	Kevin McKenna and Lene Lauge Berring
12.00	Meassuring what we know and what we do	Kevin McKenna, Sabine Hahn
Program WG4		
link to accrss the WG4 meeting		
9.30	Implementation models, theories and frameworks for coercion reduction programs – a practical exercise	Tella Lantta and Joy Duxbury
10.15 Coffee Break		
10.30	Practical exercise continues	Tella Lantta and Joy Duxbury
11.30	Literature review group – discussing about data extraction and quality assessment	Tella Lantta, Joy Duxbury and members of WG4
12.30 Lunch		
Programm all together		
link to access the Plenary session		
13.30	Using a card game to facilitate conversations about experience in coercive measures and improving care after such events. Presentation and Discussion	Jaroslav Pekara
14.30	Exchange with WG4: How we can implement improvement	Joy Duxbury and Sabine Hahn
15.30 Coffee break		
15.45	Summarising and next steps	Sabine Hahn and Joy Duxbury
16.30	End of meeting and Goodbye	

Social Programme 4. April

Like at every meeting we also will have a nice social program, still in preparation.

We have organized a **guided tour to the Museum of the history of psychiatry** on the grounds of the old historical asylum, now converted into the headquarters of the NHS city public health services. This will be held on the afternoon of the 4th of April at 4pm.

<https://www.musei.re.it/collezioni/museo-di-storia-della-psichiatria/>

The visit at the History of Psychiatry Museum will begin at 4.00 pm on 4 April 2022. The meeting point is at the De Sanctis Pavilion (Padiglione De Sanctis, Via Amendola 2, - 42121 Reggio Emilia; [Google Maps](#)) at 3.45 pm. The visit will end at 18.00. The closest bus stops are the following: "Piazzale Funakoshi" ([Google Maps](#)) and "Ostello - Villa Marchi" ([Google Maps](#)). The bus ticket can be purchased at train and bus stations and at authorized resellers: due to COVID-19 it is not possible to buy a ticket on board. For convenience, you can ask at the reception of your hotel where the nearest retailer is. The ticket for the trip to the restaurant will be provided at the end of the visit to the Museum.

Dinner at 4th of April

It will be definitely Italian and we will make sure that there is a vegetarian option.

Please let us know in advance other dietary requirements

Enjoy yourself in Reggio Emilia

Reggio Emilia is a town very rich in history and culture.

You will find plenty of information at this website

<https://turismo.comune.re.it/en>

Meeting Location

The conference will take place in the **University lecture rooms**, in the city centre, walking distance from the city centre hotels.

Address: Palazzo Dossetti, Viale A. Allegri 9, 42121 Reggio Emilia

We will prepare and distribute more information closer to the conference